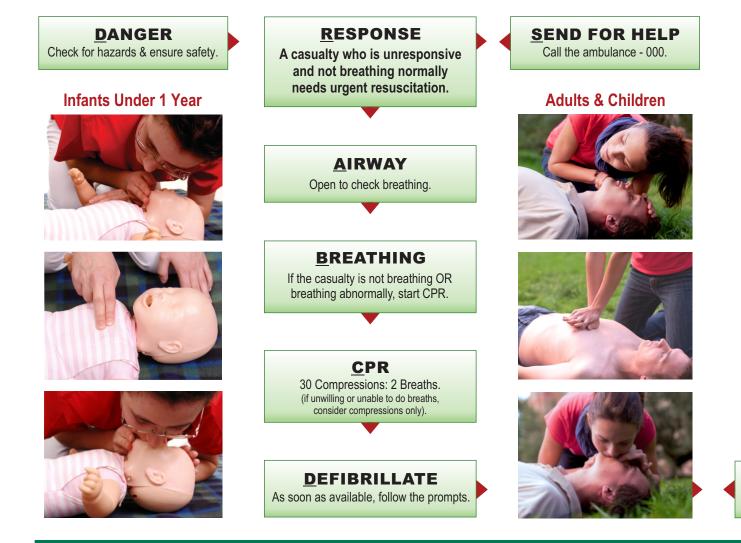
RESUSCITATION

DRSABCD RESPONSE



Ensure Safety for Self and Others

Call Triple Zero (000) for an Ambulance

SIGNS & SYMPTOMS

Unconscious, not responding, not breathing normally, or not breathing at all.

| | Adults & Children | Infants Under 1 Year |
|--------------------------|--|--------------------------------|
| Open Airway $ ightarrow$ | Head tilt/chin lift | Neutral head |
| Press with? → | 2 Hands | 2 Fingers |
| How hard? \rightarrow | 1/3 chest depth approx 5 cm | 1/3 chest depth approx 4 cm |
| Breath pressure? → | Full breaths | Puffs |
| How many? \rightarrow | 30 Compressions : 2 Breaths | |
| How fast? \rightarrow | Compressions should be done at the rate of almost 2 per second (continuous rate of 100 - 120 per minute) | |

For more information visit: www.resus.org.au

CONTINUE CPR / DEFIBRILLATION

Until responsiveness or normal breathing returns, or help arrives.

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